

Proposal for Seminars:

Daughters Forever, Sons Forever – English Only

Encuentro de Padres del Programa - Hijas Para Siempre, Hijos Para Siempre

Offered by:

Fortifying Families of Faith, LLC

Contact:

Linda Kracht
2161 Upper St. Dennis Road
St. Paul, MN 55116
651-699-0492 651-470-3699
lfkceli@msn.com or linda@fortifyingfamiliesoffaith.com

Seminar Goals:

The principal goal of the Daughters Forever, Sons Forever seminars – whether it be in English or Spanish- is to fortify attending parents so in turn they are better prepared to carry out their duty as primary educator of their teens/adolescents in the areas of faith and morals and in general matters. The program encourages parents to stay connected with their teens in these important areas by offering a curriculum for use within the privacy and comfort of their home after the “parent retreat”.

Seminar Objectives:

- Present material in a culturally sensitive manner.
- Familiarize parents with DFSF Curriculum which offers solid Catholic information, sound research, and practical advice.
- Arm parents with information and guidance so they can more effectively guide their adolescents and teens through the minefield that is modern culture.
- Review scientific information about human sexuality, health, and wellness factors.
- Provide Catholic instruction with regard to human sexuality, sexual morality, and other areas.
- Answer questions and/or correct misunderstandings about human sexuality.
- Provide and share suggestions on how to engage teenagers about human sexuality, contraception, premarital sexual relations, drugs, vocation, and more.

- Help parents practice communication skills with teenagers (through role play and listening exercises).
- Receive instructions and guidelines for implementing DF,SF at home- useful for teens from ages 13-18.
- Have parents meet other parents who are interested in effective parenting.
- Provide ongoing support for the parents via internet, telephone, and more.
- Pray collectively for our children and their vocations.

Main Presenters:

- ✓ **Linda Kracht** - Daughters Forever, Sons Forever Parents' Seminar (English Only)

Linda is the founder of Fortifying Families of Faith; she launched a faith based “sex education program” more than a dozen years ago at a local Catholic high school in St. Paul, MN and it is from this program that DF,SF emerged. Linda has also been a teaching couple with her husband Dave for the past thirty years with the Couple to Couple League for NFP; she is currently Chairman of the Board of Directors for that organization. Linda is a wife and mother of 7 children, and grandmother to 11 children.

- ✓ **Viviana Sotro** - Encuentro de Padres del Programa - Hijas Para Siempre, Hijos Para Siempre (Spanish Only)

Viviana translated Linda's works into Spanish; this new work is entitled Hijas Para Siempre, Hijos Para Siempre. Viviana has proven her undying passion for helping Latino parents in areas of sexuality, NFP, parenting and more by providing ongoing instruction and support for families of teens. Viviana works for the American Red Cross. Viviana is a wife and mother of four children. Viviana was born in Argentina.

Duration of Each Seminar:

Each seminar is scheduled to take place over a two day period with sixteen hours of instruction for parents of teens. The seminars are designed to have four modules – each module is four hours in length.

Participant pre-requisite:

It is highly recommended that participants pre-read the book “or “Daughters Forever, Sons Forever before attending the seminar. Participants can be pre-shipped the materials by registering online at www.fortifyingfamiliesoffaith.com/calandar/registration.

The Program Costs:

The seminar costs are outlined below. Fortifying Families of Faith can provide the English only, the Spanish only or both programs simultaneously for any given weekend that is mutually open to the host and to the presenters for Fortifying Families of Faith. In Linda’s opinion, it is advantageous to the “host” to offer the English and Spanish programs simultaneously. Both Linda and Viviana will be attending each seminar to help with set up, sales, and distribution of materials, etc and it is more cost effective to provide both programs at one time. You are free to set the attendance fees for your parents. Fortifying Families of Faith recommends that you charge at least \$75 - \$100 for Hijos Para Siempre, Hijos Para Siempre and \$125 – \$150 for Daughters Forever, Sons Forever. The different rates reflect the cost of each program’s materials. For instance, the Spanish package includes Hijos Para Siempre, Hijos Para Siempre, two workbooks, and a prayer mark - a \$47 value; whereas the English program packets include Daughters Forever, Sons Forever, two workbooks, a prayer mark, and a DVD set - an \$87 value.

Table One - detailed below – describes the various expenses to the host, program requirements, etc. Table two includes a breakdown of the host expenses per family unit excluding expenses for program beverages, snacks, lunches, airline tickets, lodging, etc.